



Call for Incentive Research Collaboration 2024

Project NUTRIAGE24

Healthy eating: A cross-cultural analysis of the social and nutritional conditions of aging in the Czech Republic, Iceland, and Spain

AURORA



Co-funded by
the European Union



PROJECT IDENTIFICATION

Project title:

Healthy eating: A cross-cultural analysis of the social and nutritional conditions of aging in the Czech Republic, Iceland, and Spain.

Project acronym: NUTRIAGE24

COORDINATOR

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OBJECTIVE

NUTRIAGE aims to initiate an exploratory study on **healthy aging across geographically, socio-economically and environmentally different countries such as the Czech Republic, Iceland, and Spain**. By forming an inter-university consortium, **NUTRIAGE** will analyse how the relationship between **nutrition, health and environment/context is articulated in older adults**, considering their general living situations and the social determinants that condition access to adequate food.

ILLUSTRATION OF THE PROJECT



SOCIAL IMPACTS AND TARGETED SDG

The NUTRIAGE project contributes to understanding healthy aging by examining the relationship between nutrition, health, and the environment in older adults across diverse geographic and socioeconomic contexts. It supports **SDG 2 (Zero Hunger)** by addressing systemic barriers to adequate nutrition. **SDG 3 (Good Health and Well-being)** is advanced by improving health outcomes for older adults through public health strategies. The project promotes **SDG 4 (Quality Education)** by fostering education on nutrition and aging and supports **SDG 5 (Gender Equality)** by encouraging women's participation in research. It also addresses **SDG 10 (Reduced Inequalities)** and **SDG 11 (Sustainable Cities and Communities)** by promoting sustainable living environments. Lastly, global collaboration strengthens **SDG 17 (Partnerships for the Goals)**.

AURORA ADDED VALUE

In alignment with **AURORA goals and Work Package 2 “Transdisciplinary European Research-Driven Educational Hubs”**, where Task 2.3 aims to establish a hub for **Health and Wellbeing**, collaboration among research institutions from the Czech Republic, Iceland, and Spain will be supported within the NUTRIAGE project. This collaboration enriches the research process by pooling diverse perspectives, expertise, and experiences in healthy aging and nutritional care.